



ATA Mg[®]

Magnesium Acetyl Taurate

THE MINDFUL MAGNESIUM



**All New Roots Herbal Products Are Tested
in Our ISO 17025-Accredited Laboratory**

- **FEATURES 821 MG OF THIS INNOVATIVE CLINICALLY RESEARCHED COMPOUND**
- **ATA MG[®] OFFERS A STRESS-FREE OPTION TO REPLENISH MAGNESIUM LEVELS**
- **ENHANCED INTESTINAL ABSORPTION AND BLOOD-BRAIN BARRIER ACCESSIBILITY**

Magnesium is involved in countless metabolic activities within all bodily tissues, including the brain and central nervous system. It regulates the transmission of nerve signals, supports muscle function, contributes to energy production, and plays a role in maintaining heart health, among other vital functions.

Unfortunately, as we age, the precious levels of magnesium within our brains begin to diminish. This natural decline could be attributed to shifts in our dietary habits, how efficiently our bodies absorb nutrients, or changes in magnesium metabolism. Thankfully, there's a solution: magnesium supplementation. But here's the catch—not all supplements are created equal. The real challenge lies in ensuring optimal intestinal absorption and the ability to cross the blood-brain barrier. That's where our breakthrough formula steps in, offering unparalleled bioavailability and brain-boosting benefits.

New Roots Herbal's **ATA Mg[®]** features 821 mg of this clinically researched compound, providing 55 mg of elemental magnesium. This patented compound enhances intestinal absorption by up to 50% compared to conventional magnesium forms. Furthermore, it can cross the blood-brain barrier for improved communication between neurons, playing a role in cognitive flexibility and memory.

ATA Mg[®] offers a stress-free option to replenish magnesium, with an emphasis on neurological health. **ATA Mg[®]** also does not have any known drug interactions. Could you benefit from a well-researched, cutting-edge version of this mighty mineral? **ATA Mg[®]** is worth keeping in mind.

Make Life Better · [newrootsherbal.com](https://www.newrootsherbal.com)

Each vegetable capsule contains:

Elemental magnesium (from 821 mg of ATA Mg[®] [magnesium acetyl taurate]) . . 55 mg

Other ingredients:

Vegetable magnesium stearate and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

V0812-R1 · NPN 80126307

Directions of use:

Adults: Take 1–2 capsules daily or as directed by your health-care practitioner.

Manufactured under strict GMP (Good Manufacturing Practices).



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